

## **Lenten Devotions: Perfect Love Casts out Fear**

(based on the midweek Lenten service provided by SundaysandSeasons, devotional ideas from Barn Geese Worship, Rev. Emily Ebert and High School Youth at St. Matts)

MONDAY: Read/Listen to the Song. What words or phrases stand out to you? What images capture you most strongly? Who/What is God concerned about in this song?

TUESDAY: Listen to the song again. What emotions come up as you read it? What memories does it evoke? What hopes does it stir? How does God seem to be speaking to you through these words?

WEDNESDAY: Listen to the song again, but this time, offer it as prayer. Respond to its words, offering God the thoughts, hopes, and questions you hold. How is God inspiring you to act through this song?

\*\* Now follow the same pattern, with the scripture reading: \*\*

THURSDAY: Read the scripture verse again. Use these questions written by the HS Youth to help you on your Lenten journey: What words or phrases stand out to you? What images capture you most strongly? Who is included or excluded? Who is writing the story? Why is this passage included? Who/What is God concerned about?

FRIDAY: Read the scripture verse again. What emotions come up as you read it? What memories does it evoke? What hopes does it stir? How does God seem to be speaking to you through this passage?

SATURDAY: Read the scripture verse again, but this time, offer it as prayer. How is God inspiring you to act? Respond to its words, offering God the thoughts, hopes, and questions you hold.

### **Week 1**

Song: *Testify to Love* by Avalon ([Avalon - Testify To Love - YouTube](#))

Scripture: Romans 13:8-10

Summarization of the Scripture from the Youth: *You Can't Lose with Love*

### **Week 2:**

Song: *Way Maker* by Leeland ([Leeland - Way Maker \(Official Live Video\) - YouTube](#))

or *How He Loves* by David Crowder ([David Crowder\\*Band - How He Loves \(Official Music Video\) - YouTube](#))

Scripture: Hosea 11:1-4, Romans 8:35-39

Summarization of the Scripture from the Youth: *It's not always seen or recognized, but it will never be broken*

### **Week 3:**

Song: *Love Thy Neighbor* from the movie *Prom*. This song is more appropriate for adults so we did not include it on the Spotify playlist. We recommend watching a clip from the movie on YouTube. (["Love Thy Neighbor" Full Performance feat. Andrew Rannells | The Prom | Netflix - YouTube](#))

We also recommend the song *Brother* by The Brilliance/Cover by Franciscan Friars of the Renewal ([The Brilliance - "Brother" \(Live at RELEVANT\) - YouTube](#))

Scripture: Deuteronomy 10:12-22, Luke 6:27-38

Summarization of the Scripture from the Youth: *Love the stranger, because you were once strangers in a strange land too. This commandment is the pillar of all things from being a person or more specifically a follow of God as it guides us all to be better.*

### **Week 4:**

Song: *Come Follow Me* by Brother Isaiah ([Come, Follow Me // Brother Isaiah - YouTube](#))Lo

Scripture: 1 Corinthians: 13:1-7, John 13:15-24

Summarization of the Scripture from the Youth: *Follow me and know a different kind of love.*

### **Week 5:**

Song: *See the Love* by The Brilliance ([The Brilliance - See The Love \(Audio\) - YouTube](#))

Scripture: 1 John 4:7-21, Deuteronomy 7:7-11

Summarization of the Scripture from the Youth: *Choose Love over Fear*